Remedies for Political Anxiety

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Note: *These points cannot be mere head knowledge. They must lead to embracing God and His revealed truth to alter your emotions, responses, thinking, and speaking about political events and rulers.*

1. **God rules** (Ps 93:1; Is 52:7). No one is getting away with anything (Eccl 5:8). He is not surprised or hindered (Dan 4:35). He is laughing (Ps 2:4; 37:13; 59:8; II Kgs 19:21)!

2. **He delivers those trusting Him.** The Bible is full of deliverances, promotions, and rewards by trusting God (I Chr 5:20; II Chr 13:18; 16:8; Ps 18:29). Do not frustrate Him.

3. **Fear and worry cannot help.** They never alter circumstances, but they steal peace, destroy faith, and cause indecision (Eccl 11:3-6; Matt 14:30). Why fear or worry at all?

4. **Our duty is to pray for rulers.** God required prayer for Babylon in the O.T. and Rome in the N.T. (Jer 29:4-7; I Tim 2:1-3). We give thanks for them and many benefits.

5. **View events in perspective.** The Psalms often do (Ps 22:4; 44:1). Current events are minor. Compare Israel, Roman wars, Islam wars, Civil War, WWII, 60's, race riots, etc.

6. **The Internet promotes fear.** World events are videoed and spun. Details and opinions are pushed. Anyone can publish anything. Social media spreads lies and slander.

7. **Carnal Christianity is the peril**. Paul ignored politics to focus on compromise of doctrine, practice, and zeal (II Tim 3:1 – 4:4). Why would we focus on anything else?

8. **We have Insider Information.** Every nation has classified information, involving the military or national security. We know things much higher (I Kgs 22:19-23; Eccl 5:8).

9. **God uses mind control.** His ways are not visible, explainable, or quantifiable. The king's heart is in His hand (Pr 21:1). He has, does, and will manipulate rulers (Dan 4:16).

10. **The Bible ignores politics.** Other than praying and paying, both basic duties, there is no instruction to examine, learn, or worry about national or international events.

11. **Godliness is our duty.** Patriotic vigilance is for those outside the kingdom of God (Gen 18:32; Ps 37:28; Pr 14:34; Dan 4:27). Ten righteous souls could have saved Sodom.

12. **Life is short.** We must redeem time, and worrying about politics or violent events is wasteful (Eph 5:14-16). Jeremiah and Paul said to enjoy life (Jer 29:4-7; I Tim 6:17-19).

13. **All world events are good.** God only allows events that praise Him, no matter how evil (Ps 76:10; Amos 3:6; Is 45:7). No event occurs outside His perfect will. Believe it.

14. **Every ruler is ordained of God.** If every office and ruler is there by God, we can have total confidence and trust, for they will do nothing outside His control (Ro 13:1-7).

15. **Civil rulers are God's ministers.** They are ministers to us for good (Rom 13:1-4). God uses His civil rulers for the benefit of His church, even Nebuchadnezzar and Nero.

16. **Angels honor authority.** If angels respect human rulers, why would we disrespect them (II Pet 2:10-12; Jude 1:8-10)? They should see our honor of authority (I Cor 11:10).

17. **David mocked political fears.** Far more than we, David knew firsthand the threat of ungodly rulers, but he also knew God was over them (Ps 11:1-7; 27:1-3; 82:1-8; 83:1-18).

18. **Only anxiety-free prayers work.** The general rule is for prayer without carefulness and with thanksgiving (Phil 4:6-7; Dan 3:16). He wants our trust (Matt 6:25-34; Nah 1:7).

19. **Perfect peace is only in Jehovah.** There is no peace learning about conspiracies, legislation, military programs, etc. We must keep minds on Him (Is 26:3-4; Phil 4:6-7).

20. **Changers and meddlers sin.** We are to fear God and rulers (Pr 24:21-22). We are not to even meddle with rebellious thinking. Both kinds of men will be destroyed.

21. **Cursing rulers is wrong.** It is contrary to God's ordinance and His angels; it can be revealed for trouble (Eccl 10:20). Ignore the world's events to avoid raising your ire.

22. **You know world history.** Your divine library covers all 6000 years, showing God's deliverance of His people, whether individuals or nations, and destruction of all enemies.

23. **You know the future.** God foretold events from the start. Most are fulfilled. They occurred exactly as prophesied. He has promised your future (Rom 8:16-19; Heb 13:5).

24. **Final victory is certain.** Jesus is the Blessed and Only Potentate, King of kings and Lord of lords (I Tim 6:16). He comes with mighty angels to destroy all (II Thes 2:7-10).

25. **Jesus said, Be of good cheer.** He promised tribulation, but He overcame the world (Jn 16:33; I Jn 5:4). We can rejoice if persecution reaches us (Mat 5:10-12; I Pe 4:12-14).

For Further Study:

1. PowerPoint Slides: Living under Obama.
2. Sermon Outline: Ordinance of Authority.
3. Study Outline: God Bless the IRS.
4. Sermon Outline: Christian and Taxes.