

PSALM 4; June 8; How David Slept in Peace & Safety

ANALYSIS:

1. Who is speaking in verse 1? _____ Who is speaking in verse 2? _____
2. Why did the psalmist know that the LORD would hear his prayer? _____

3. Where is a good place to examine your heart and be still before the LORD? _____
4. What is more satisfying than prosperous harvests of corn and wine?

5. Why can a righteous man lie down in peace and sleep in any situation?

THINGS TO THINK ABOUT:

David had more trouble in his life than most of us will ever experience. Remember how King Saul chased and hounded him throughout Israel for years on end? David later had enemies that wanted to kill him for no good reason at all. But David was still able to lie down peacefully and sleep because he knew the LORD would protect him. David knew that his best efforts to ensure his safety would fail unless the LORD was protecting him. David also wrote Psalm 127:1b, "...except the LORD keep the city, the watchman waketh but in vain." David certainly set a guard around his camp, but his trust was in the LORD his God. "For thou, LORD, only makest me dwell in safety."

Do you ever find yourself not being able to sleep peacefully because of the fear of danger? Do you ever worry about what might happen after you go to sleep? You need to stop worrying and fearing and start trusting in the LORD. The LORD can do far more than you can even dream of doing for your own safety! Safety is only in the LORD. Tell the LORD that you are trusting in him, commit yourself into His able hands, and go to sleep. The LORD will give you peaceful sleep.

HELP:

1. The psalmist is speaking in verse 1; and the LORD is speaking in verse 2.
2. The psalmist knew that the LORD kept and prospered the godly man; and because he was a godly man, the LORD would therefore hear his prayer (v 3).
3. On your bed at night, before you sleep, or during the night (v 4).
4. The gladness and blessing that the LORD gives by the presence of his Spirit (v 7).
5. Because he knows that the LORD completely controls all the events of his life; that only the LORD can give safety; that the LORD can give safety in any situation; and that the LORD will honor and keep those who trust in him (v 8).