

# Ending Christian Inertia

# Ending Christian Inertia

How Self-Examination Can Help You

# Ending Christian Inertia

How Self-Examination Can Help You  
A Reminder about the Law of Motion

When I say unto the wicked, Thou shalt surely die; and thou givest him not warning, nor speakest to warn the wicked from his wicked way, to save his life; the same wicked man shall die in his iniquity; but his blood will I require at thine hand.

Ezekiel 3:18

Yet if thou warn the wicked, and he turn not from his wickedness, nor from his wicked way, he shall die in his iniquity; but thou hast delivered thy soul.

Ezekiel 3:19

Again, When a righteous man doth turn from his righteousness, and commit iniquity, and I lay a stumblingblock before him, he shall die: because thou hast not given him warning, he shall die in his sin, and his righteousness which he hath done shall not be remembered; but his blood will I require at thine hand.

Ezekiel 3:20

Nevertheless if thou warn the righteous man, that the righteous sin not, and he doth not sin, he shall surely live, because he is warned; also thou hast delivered thy soul.

Ezekiel 3:21

But if the watchman see the sword come, and blow not the trumpet, and the people be not warned; if the sword come, and take any person from among them, he is taken away in his iniquity; but his blood will I require at the watchman's hand.

Ezekiel 33:6



So thou, O son of man, I have set thee a watchman unto the house of Israel; therefore thou shalt hear the word at my mouth, and warn them from me.

Ezekiel 33:7

When I say unto the wicked, O wicked man, thou shalt surely die; if thou dost not speak to warn the wicked from his way, that wicked man shall die in his iniquity; but his blood will I require at thine hand.

Ezekiel 33:8

26 Wherefore I take you to record this day, that I am pure from the blood of all men.

27 For I have not shunned to declare unto you all the counsel of God.

Acts 20:26-27

Your pastor has no liturgical  
calendar or denominational  
pressure or program to follow.

He preaches the whole counsel of  
God to you about every part  
of your life.

He also challenges you as did the prophets and apostles to be your very best for God.

# Running the Race

Hebrews 12:1-2

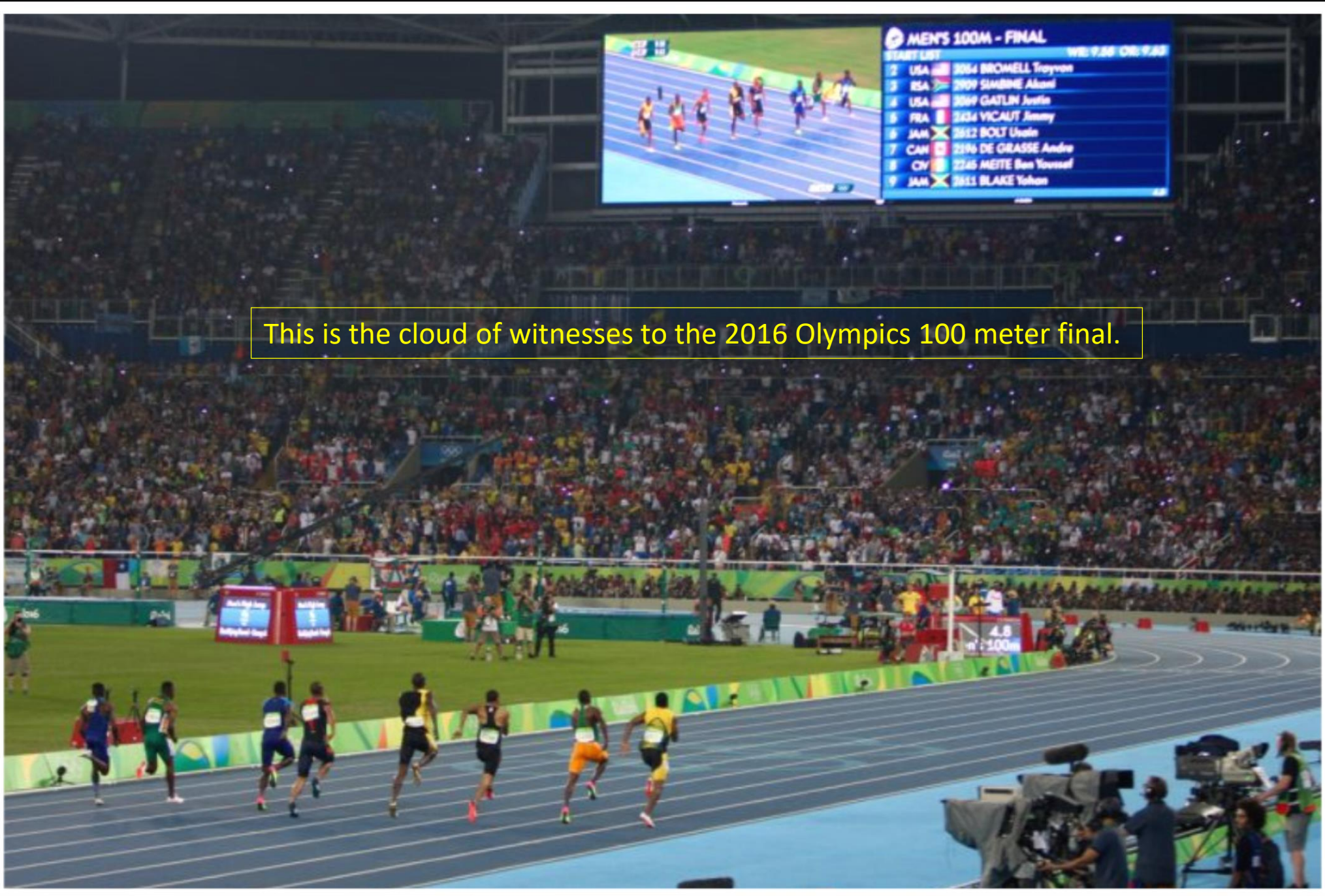


1 Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us,

2 Looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God.

Hebrews 12:1-2





This is the cloud of witnesses to the 2016 Olympics 100 meter final.

Our cloud of witnesses are the  
men and women of faith listed  
and praised in Hebrews 11.

# RUNNING FOR THE PRIZE

1 CORINTHIANS 9:24-27



24 Know ye not that they which run in a race run all, but one receiveth the prize? So run, that ye may obtain.

25 And every man that striveth for the mastery is temperate in all things. Now they do it to obtain a corruptible crown; but we an incorruptible.

26 I therefore so run, not as uncertainly; so fight I, not as one that beateth the air:

27 But I keep under my body, and bring it into subjection: lest that by any means, when I have preached to others, I myself should be a castaway.

I Corinthians 9:24-27

Only one gets first place and wins!

God and Paul's standard for your  
Christian race is to be best  
or be a loser.



Participation trophies for all are  
for an effeminate generation  
producing spoiled losers.

Winners understand and accept  
that only one gets first place.

They practice ultimate focus,  
temperance, and self-denial.



# Rules for running the Christian race



And if a man also strive for masteries, yet is he not crowned, except he strive lawfully.

II Timothy 2:5

We have a life manual that tells us  
everything we need to know  
to win God's prize.

**The Big Black Book**

Pilate squandered his opportunity  
with Jesus and truth in John 18-19.

Felix and Agrippa squandered  
opportunities with Paul  
and truth.

You are having such an  
opportunity right now.

I must warn you about the  
race you are running.

9 Wherefore we labour, that, whether present or absent, we may be accepted of him.

10 For we must all appear before the judgment seat of Christ; that every one may receive the things done in his body, according to that he hath done, whether it be good or bad.

11 Knowing therefore the terror of the Lord, we persuade men; but we are made manifest unto God; and I trust also are made manifest in your consciences.

II Corinthians 5:9-11



And if ye call on the Father, who without respect of persons judgeth according to every man's work, pass the time of your sojourning here in fear:


I Peter 1:17



Are you growing in  
love of Jesus Christ?



Are you growing in  
love of others?



Are you better than  
last year? 5 years ago?  
In the sight of God?

Are You All You Should Be?

# Are You All You Should Be?

How Self-Examination Can Help You

# Are You All You Should Be?

How Self-Examination Can Help You  
A Reminder about the Law of Inertia

It is for God and Jesus Christ.  
You owe them all you can muster.  
Your family and church will benefit.  
It will fulfill your life with true joy.  
Others will be converted by you.



We want to be exceptional  
Christians, and anything  
less is unacceptable.

No one is the Christian they  
should be or could be ... if we  
measure rightly and speak truth.

# Three Kinds of Slides

And Jesus answered him, saying, It is written,  
That man shall not live by bread alone, but by every word of God.  
Luke 4:4

=

God's Word the Bible

Jonah, an early prophet, lived  
no later than the reign of  
Jeroboam II of Israel.  
II Kings 14:25

=

Supporting Information

When God's word  
tells you to do  
something ...  
  
**Do It!**

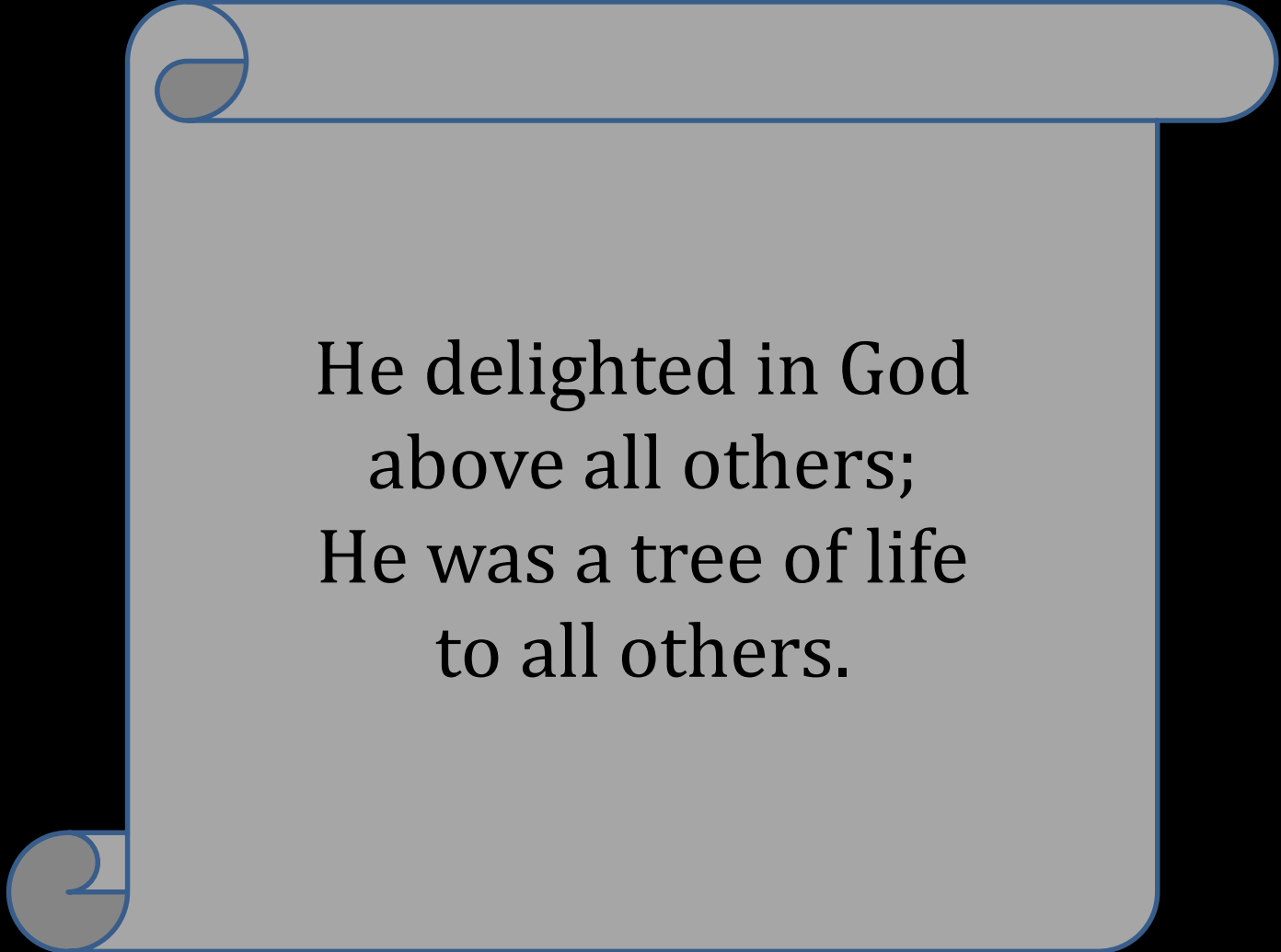
=

Lesson or Rule to Learn

Why do you exist?  
Who should you be?

What has been done for you?  
What should you be?

**The greatest lover of Jesus Christ  
and servant of others for Him!**



He delighted in God  
above all others;  
He was a tree of life  
to all others.

Anything less than this is losing.


It is wasting God's grace.

It is wasting your life.


Why would you let anyone  
beat you in love of Christ?




Why would you let anyone  
beat you in love of others?



You are a loser in God's  
sight, if you do not run the  
Christian race to take first.



His rewards on earth and in  
heaven are for exceptional  
performance only.



Joy and fulfillment as a  
Christian only comes when  
running all out to be first.

The goal is less beating others than it is beating your past efforts, but it does include beating others.

But by the grace of God I am what I am: and his grace which was bestowed upon me was not in vain; but I laboured more abundantly than they all: yet not I, but the grace of God which was with me.

I Corinthians 15:10

13 Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before,

14 I press toward the mark for the prize of the high calling of God in Christ Jesus.

15 Let us therefore, as many as be perfect, be thus minded: and if in any thing ye be otherwise minded, God shall reveal even this unto you.

Philippians 3:13-15

Paul outworked all the apostles.

Paul only cared about this year.



The ten parts of a mighty man's  
life are not to intimidate, but help.

# What Is My Life?

Professional

Parental

Financial

Spiritual

Social

Personal

Civil

Family

Marital

Church

# They Line Up Like This

Spiritual

Marital

Parental

Church

Family

Professional

Financial

Social

Personal

Civil

They can easily be reviewed:

<http://www.letgodbetrue.com/pdf/managing-your-life.pdf>

<http://www.letgodbetrue.com/pdf/a-mighty-man.pdf>

Every man knows where he has  
stopped growing or backslid ...

though sin is very deceitful.

What is the remedy?

A simple, three-step approach.

4 Nevertheless I have somewhat against thee, because thou hast left thy first love.

5 Remember therefore from whence thou art fallen, and repent, and do the first works; or else I will come unto thee quickly, and will remove thy candlestick out of his place, except thou repent.

Revelation 2:4-5

Remember your best as a Christian.

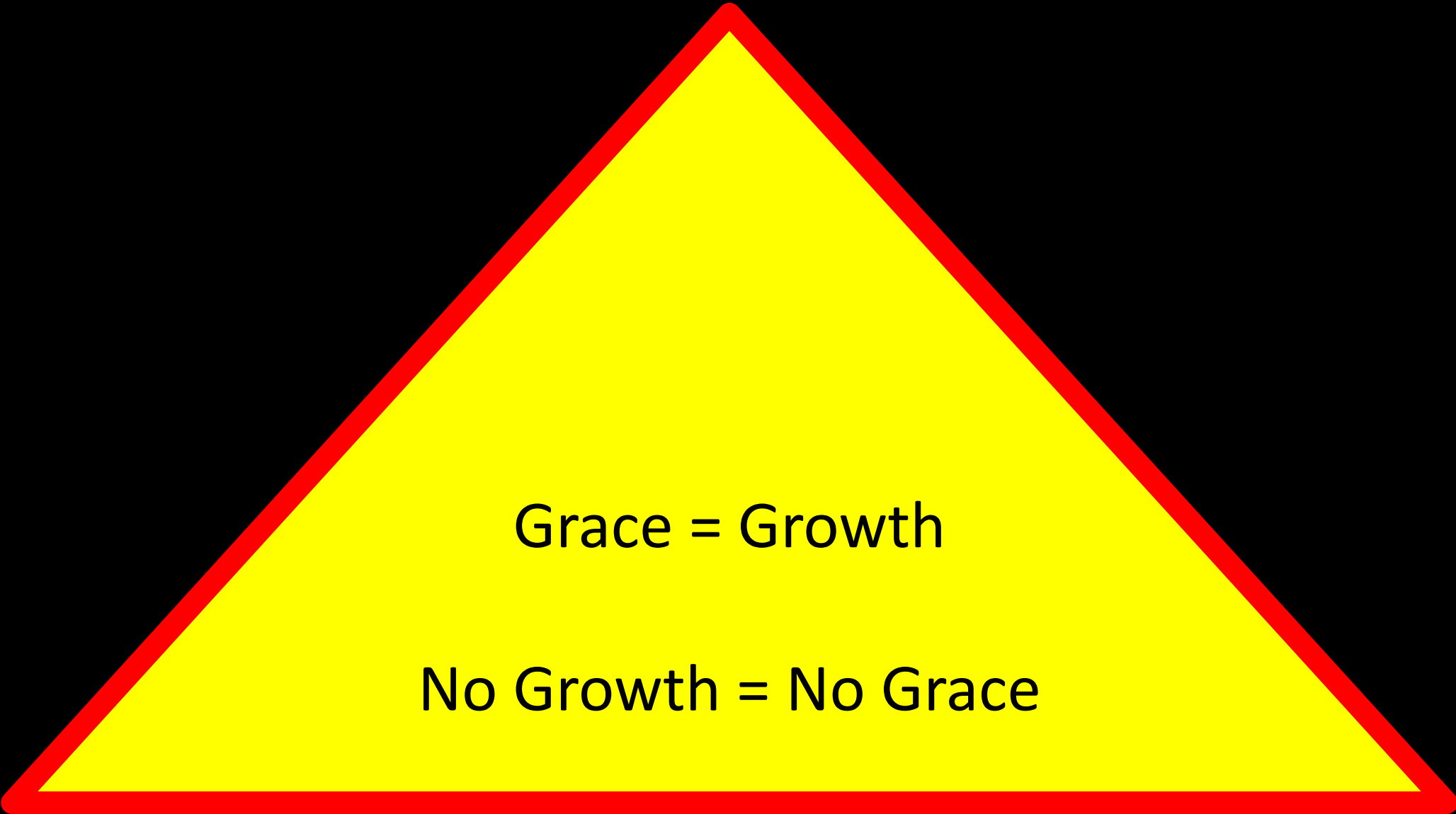
Repent for falling off the pace.

Run again like you once did.



For much more about running  
the Christian race:

<http://www.letgodbetrue.com/pdf/running-your-race.pdf>



Grace = Growth

No Growth = No Grace

But the path of the just is as the shining light, that shineth  
more and more unto the perfect day.

Proverbs 4:18

But grow in grace, and in the knowledge of our Lord and Saviour Jesus Christ. To him be glory both now and for ever. Amen.

II Peters 3:18

We then, as workers together with him, beseech you also that  
ye receive not the grace of God in vain.

II Corinthians 6:1


Take heed therefore how ye hear: for whosoever hath, to him shall be given; and whosoever hath not, from him shall be taken even that which he seemeth to have.

Luke 8:18

2 As newborn babes, desire the sincere milk of the word, that ye may grow thereby:

3 If so be ye have tasted that the Lord is gracious.

I Peter 2:2-3



All Christians default to  
inertia without reminders  
and sober self-examination.




What is inertia?

It is the terrible malady of  
Christians that do not grow.

## Inertia

is resistance  
to a change  
in velocity  
or direction.

Christian inertia is doing the same old things over and over without growth in grace or fruitfulness.



God's grace, Spirit, and  
word can increase your  
passion and direction.

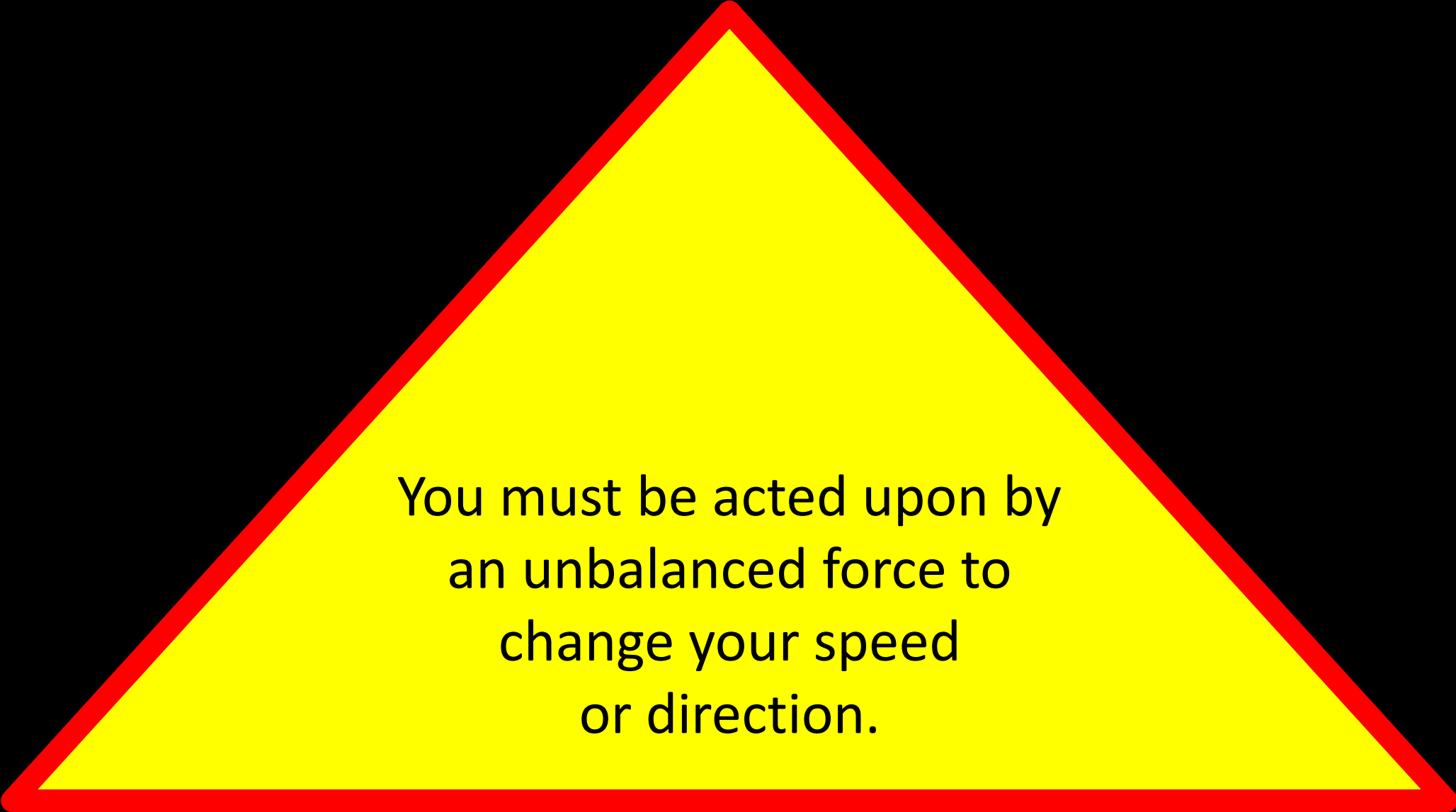
Inertia keeps you from growing  
in greater love for Christ  
and for others.

Inertia keeps you a losing Christian  
unless an external and internal  
force change velocity or direction.

God sent me to you tonight to  
provide an external force to  
alter velocity or direction.



You must receive the word with a ready mind and purpose in your heart to change for God only.



You must be acted upon by  
an unbalanced force to  
change your speed  
or direction.

## Newton's First Law of Motion

An object at rest stays at rest and an object in motion stays in motion with the same speed and direction unless acted upon by an unbalanced force.

God has sent you a pastor who  
is an unbalanced force!

He does not care about anything  
except to change your speed  
and/or direction.


He is obsessed to help you win  
God ... do exceeding magnificent  
things ... and have an accelerating  
trajectory straight into heaven.

He is convicted to not entertain  
you but rather to force you to a  
new velocity and trajectory.

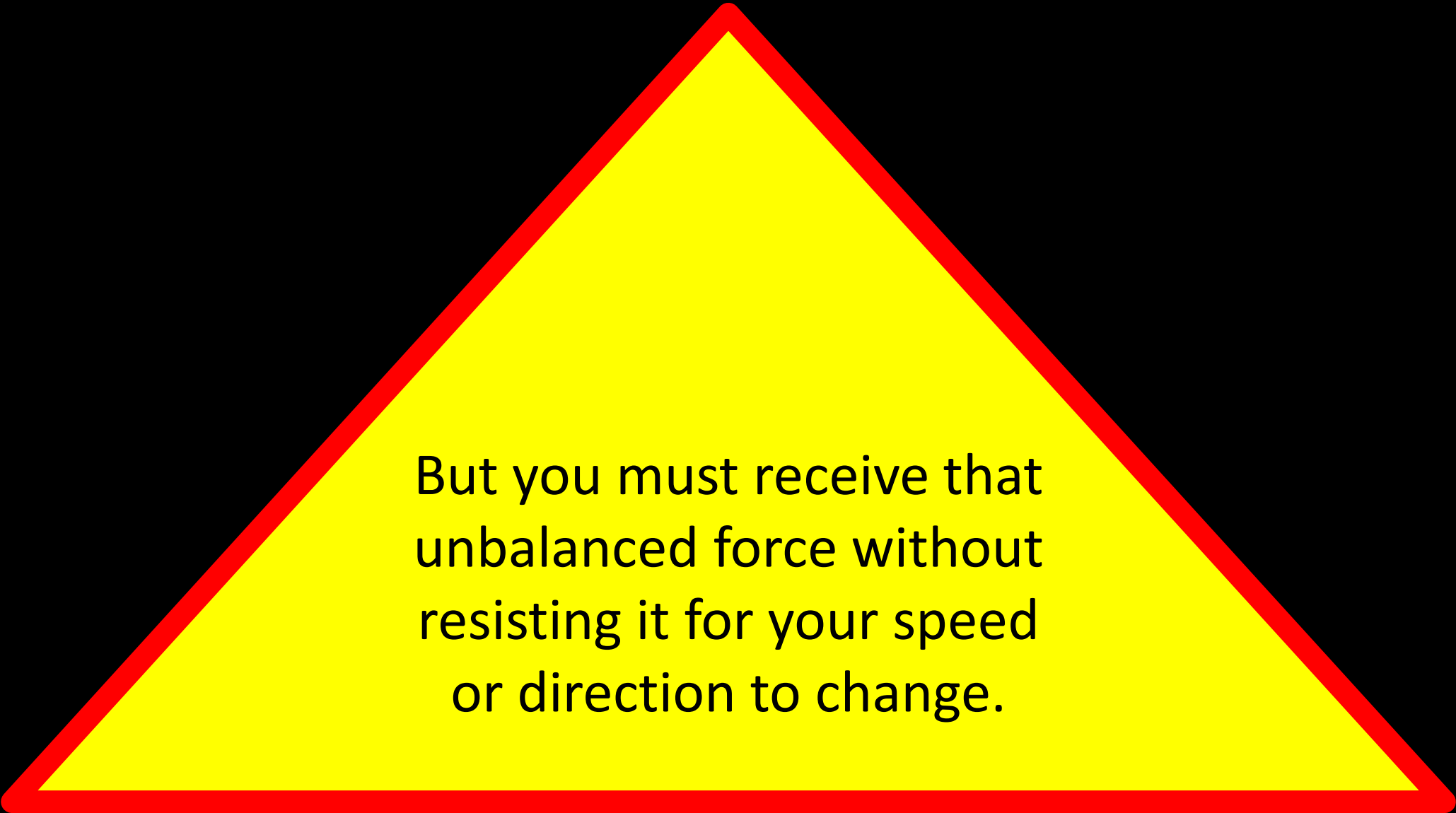
He is very unbalanced ... because  
he despises all other forces in life  
and has no regard for opinions  
but the Bible manual for you.



He is unbalanced ... in that he is not synchronized to your state of rest or slow-motion Christianity!



God sends pastors to be  
that unbalanced force  
to move you for God.



But you must receive that  
unbalanced force without  
resisting it for your speed  
or direction to change.

You must receive his warnings and exert internal force to change speed and direction.

He does not care if you like him or not, because all that matters to him is overcoming your inertia.

He never wanted to be a pastor,  
but since he has to be one, he is  
going to press, press, press you.

He exerts force to defeat your  
inertia about 12 times a week.

3 Sermons

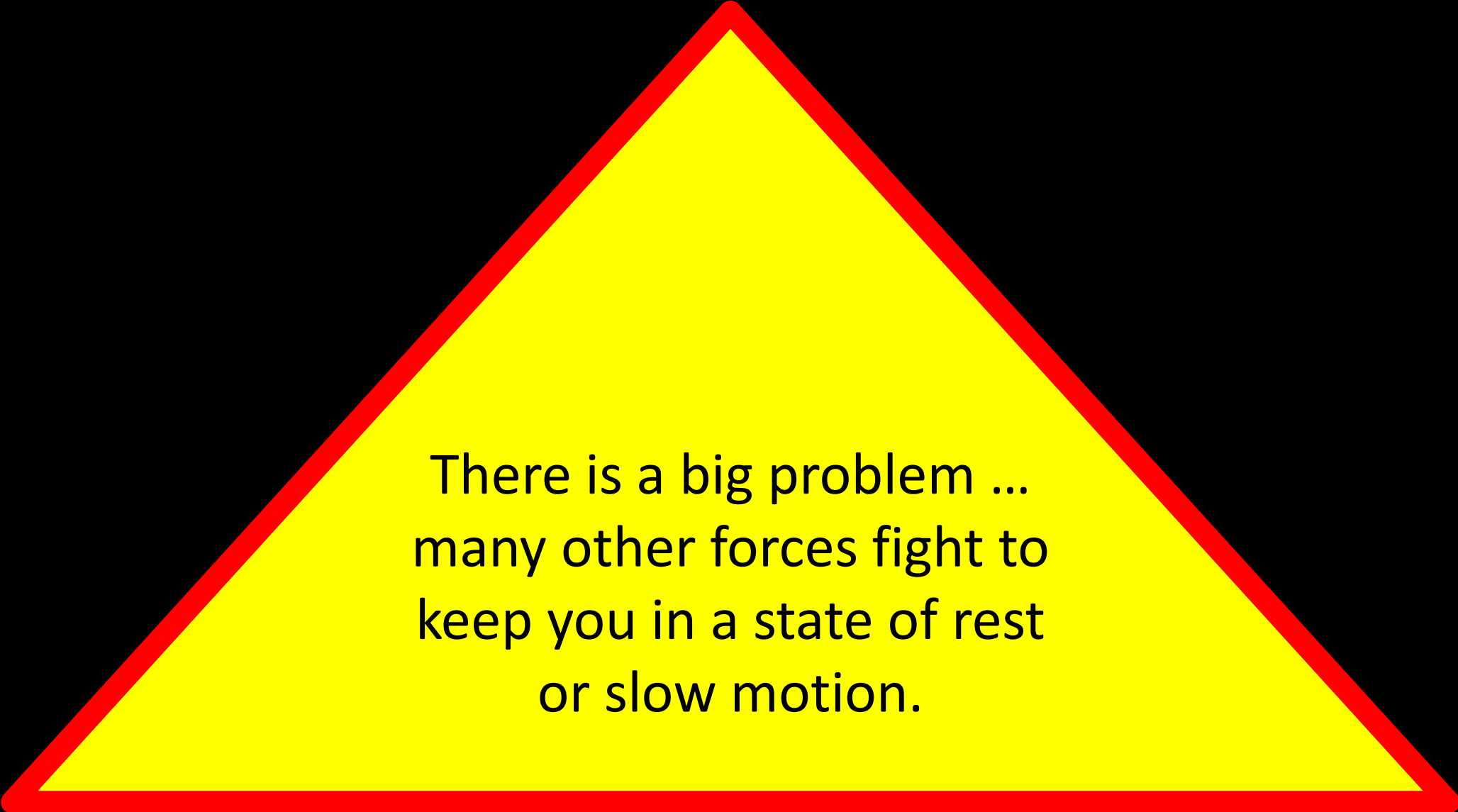
3 Emails

6 Proverbs

Think about his madness to  
defeat your inertia.

He called them *onesies* ... an  
incremental change in velocity.





There is a big problem ...  
many other forces fight to  
keep you in a state of rest  
or slow motion.

Your pastor has no regard for these enemies and will mock and prove them false and fatal by the motion manual – the Bible.

## Self-Examination is about inertia.

1. Identify inertia forces.
2. Repent for allowing.
3. Despise / replace.
4. Blast ahead.

Ye that love the LORD, hate evil: he preserveth the souls of his saints; he delivereth them out of the hand of the wicked.

Psalm 97:10

I will set no wicked thing before mine eyes: I hate the work of them that turn aside; it shall not cleave to me.

Psalm 101:3

Therefore I esteem all thy precepts concerning all things to be right; and I hate every false way.

Psalm 119:128

The fear of the LORD is to hate evil: pride, and arrogancy, and the evil way, and the froward mouth, do I hate.

Proverbs 8:13

Let love be without dissimulation. Abhor that which is evil;  
cleave to that which is good.

Romans 12:9



# Why Are You Who You Are?

How Self-Examination Can Help You  
A Reminder about the Laws of Inertia

You are at a state of rest due to many forces dear to you or not recognized by you.

Self-examination is to identify those forces, repent of them, and despise / replace them.

You are told about 12 times a week how to be a better Christian, but you must break out against the forces keeping your inertia.

Tonight is to tell you about the other forces for you to examine yourself to repent, despise, and replace them to alter inertia.



God hates inertia.

I hate inertia.

You should hate it.

# These Forces Preserve Inertia



God hates inertia.

Grace = Growth.

Growth = Change.

Change = Anti-Inertia.

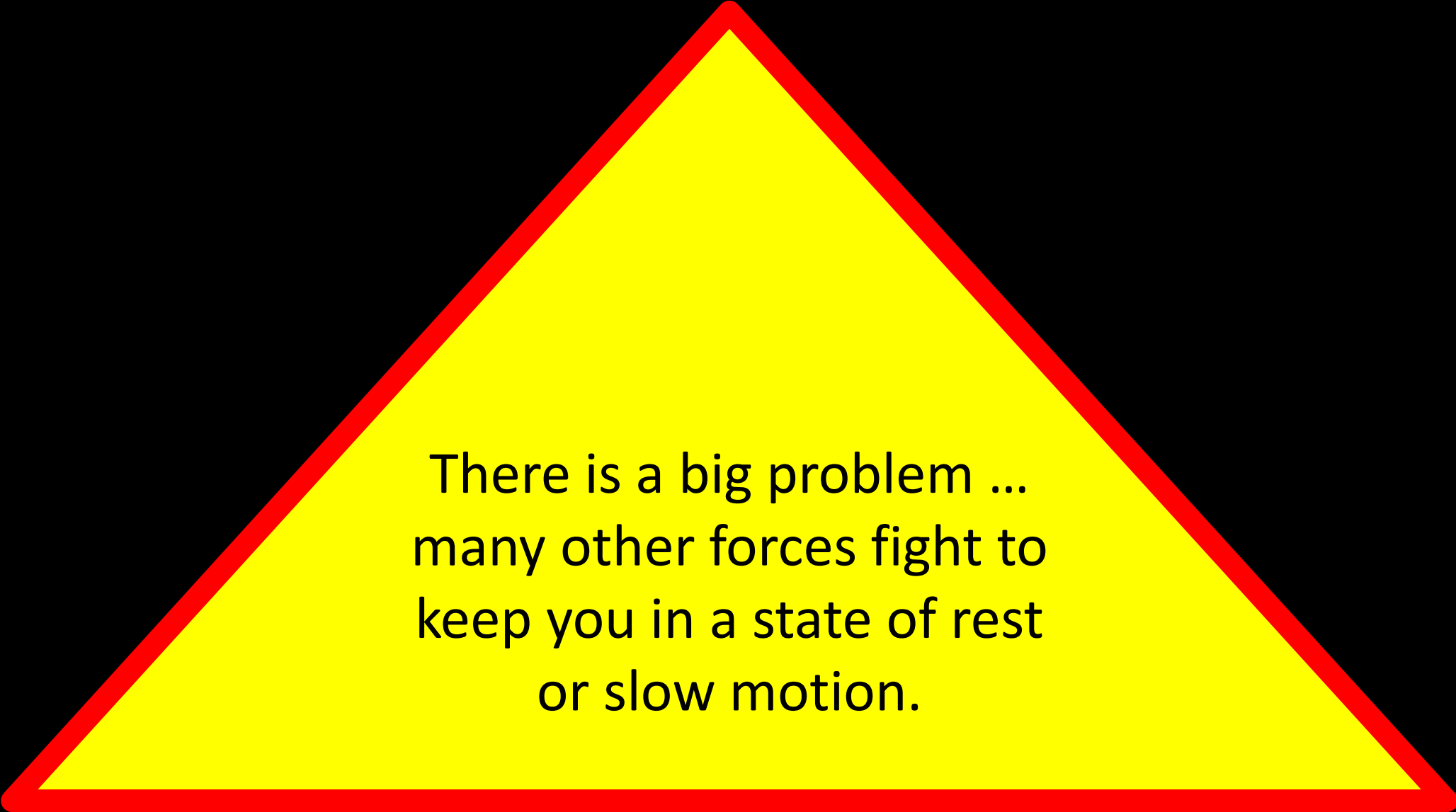


You never heard about change?

<http://www.letgodbetrue.com/pdf/change.pdf>

## Inertia

is resistance  
to a change  
in velocity  
or direction.



There is a big problem ...  
many other forces fight to  
keep you in a state of rest  
or slow motion.

You arrived with a blank slate for a  
mind and heart ... what forces  
have caused your inertia?

# These Forces Cause Inertia (1)

Parents – Genes

Parents – Example

Parents – Training

Temperament

Intelligence

Education

Experience – Example and Training

Experience – Negative Reinforcement

# These Forces Cause Inertia (2)

Experience – Positive Reinforcement

Addiction – Physical

Addiction – Psychological

Addiction – Habits

Peer Pressure

Priorities – World

Priorities – Flesh

Priorities – Unscriptural

# These Forces Cause Inertia (3)

Commitment – Less than Right

Conviction – Little or Lost

Inputs – Friends

Inputs – Music

Inputs – Movies

Goals – Too Low

Goals – No Measurement

Mistakes - Consequences

# These Forces Cause Inertia (4)

Mistakes – Reputation

Mistakes – Guilt

Wife – Discourager

Children – Problems

Children – Too Late

Hobbies

Job – Demands

Job – Obsession



# These Forces Cause Inertia (5)

Job - Temptations

Self-Righteousness

Fear

Laziness

Selfishness

Bitterness

Carnality

Pride

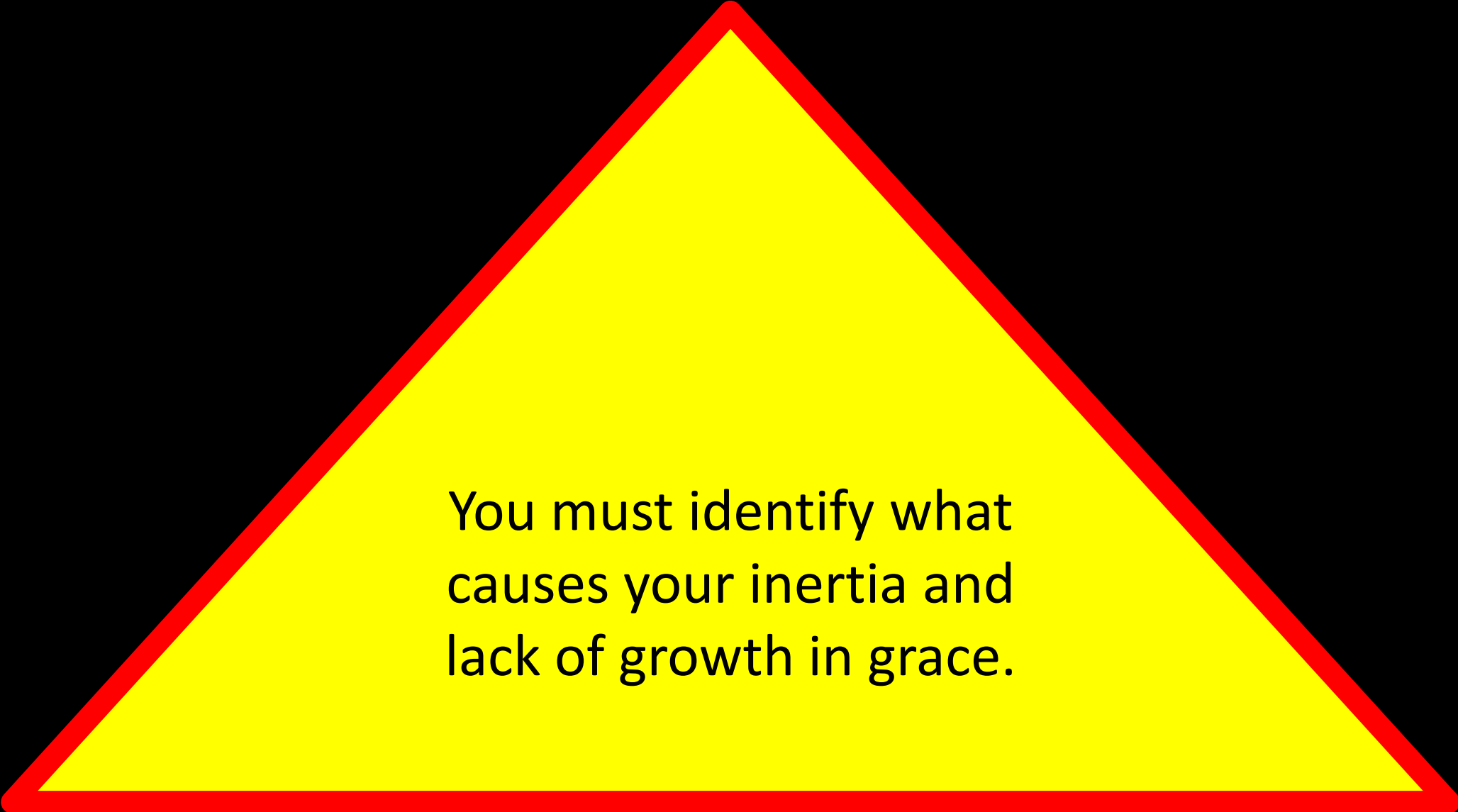
# These Forces Cause Inertia (6)

Family Culture/Tradition  
Contemporary Christianity  
Pleasure  
Carefulness  
Persecution  
Business  
Etc.  
Etc.

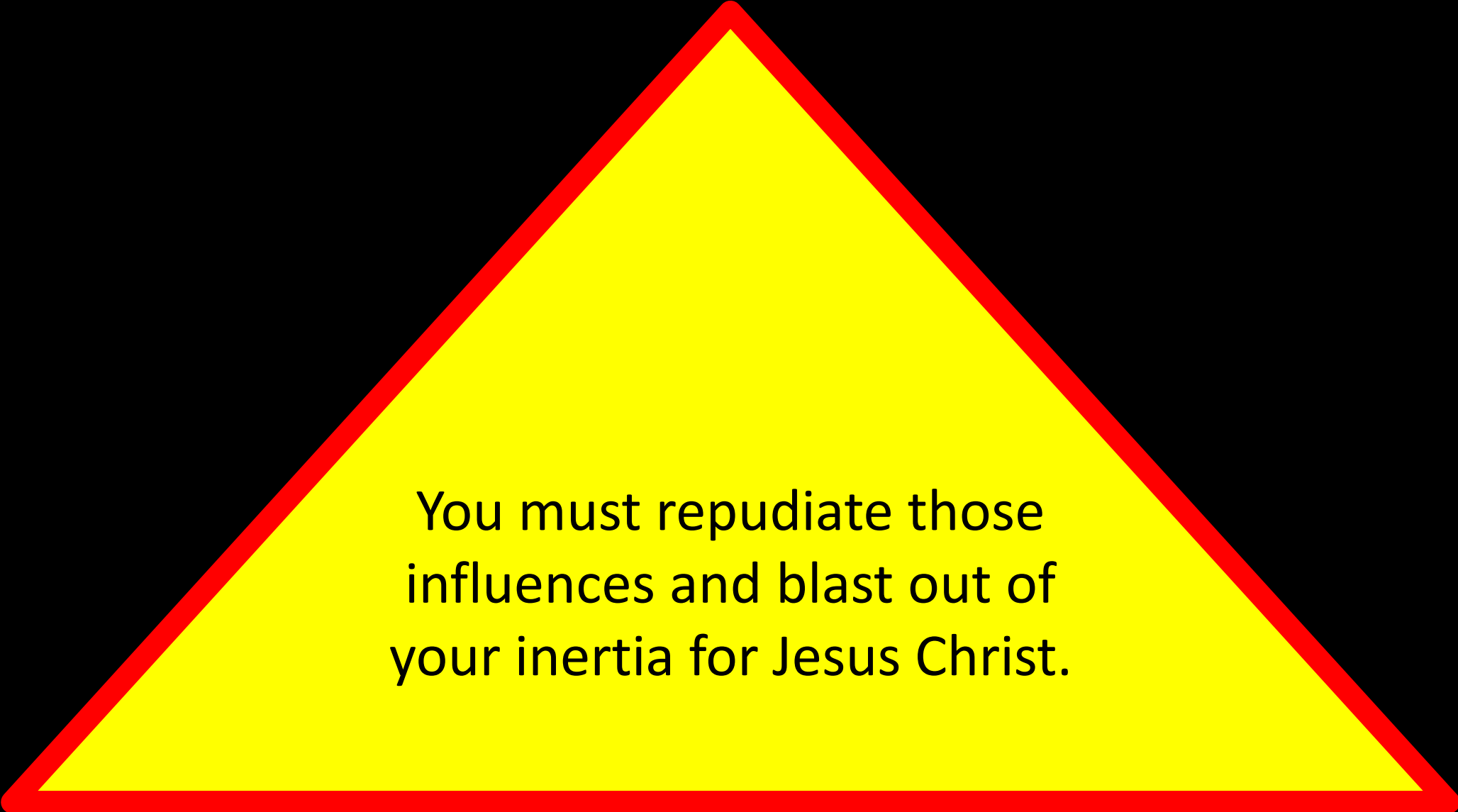
These and other forces keep you  
from being all you should be for  
God's glory and profit of others.

Each of these forces can be defined and explained, but that level of detail is not the goal here.

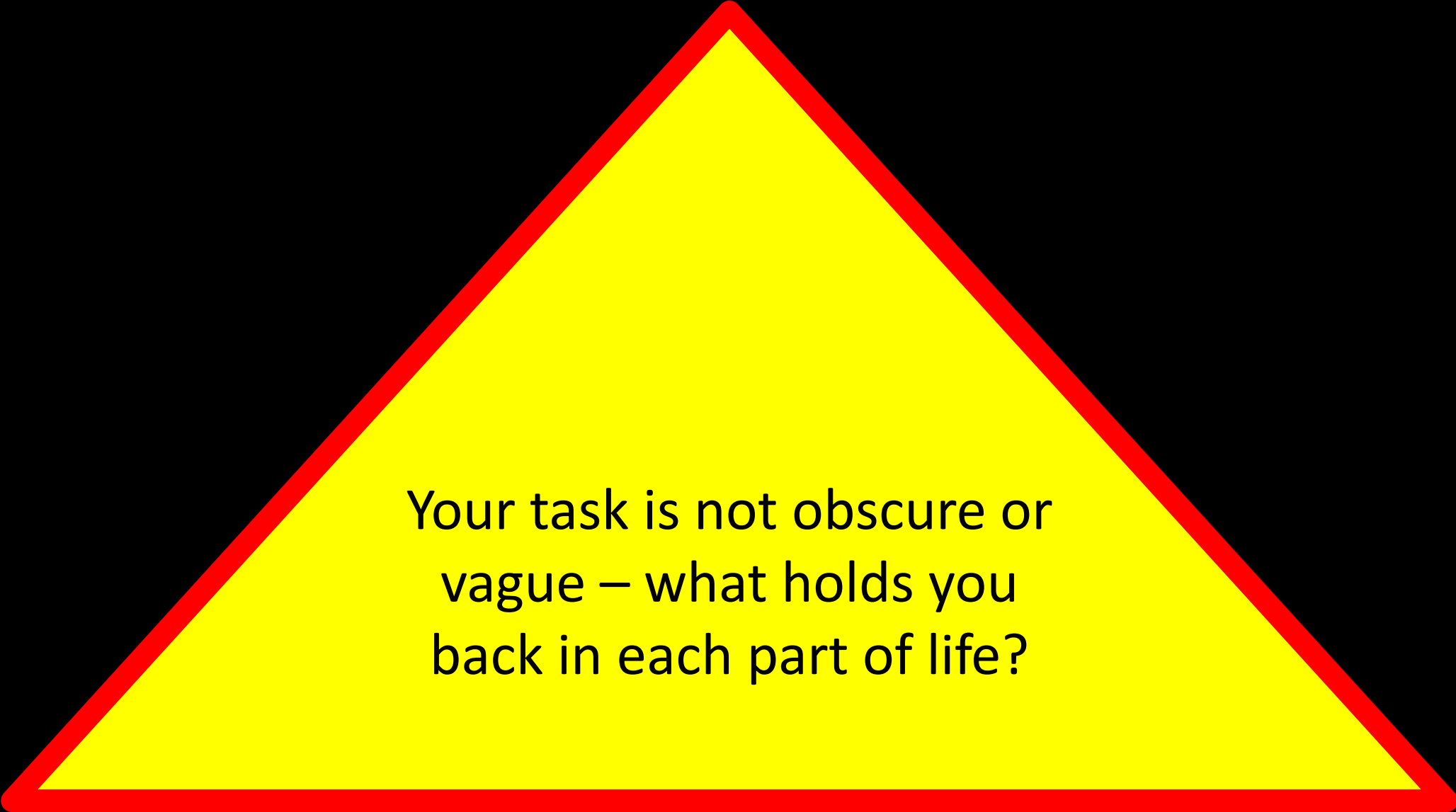
The Bible and your pastor's twelve weekly efforts are to identify inertia forces and provoke change.



You must identify what  
causes your inertia and  
lack of growth in grace.



You must repudiate those  
influences and blast out of  
your inertia for Jesus Christ.



Your task is not obscure or  
vague – what holds you  
back in each part of life?



# What Is My Life?

Professional

Parental

Financial

Spiritual

Social

Personal

Civil

Family

Marital

Church

# They Line Up Like This

Spiritual

Marital

Parental

Church

Family


Professional

Financial

Social

Personal

Civil



Two-talent Christians get  
same praise from Jesus for  
beating inertia by 100%.

22 He also that had received two talents came and said, Lord, thou deliveredst unto me two talents: behold, I have gained two other talents beside them.

23 His lord said unto him, Well done, good and faithful servant; thou hast been faithful over a few things, I will make thee ruler over many things: enter thou into the joy of thy lord.

Matthew 25:22-23

20 And so he that had received five talents came and brought other five talents, saying, Lord, thou deliveredst unto me five talents: behold, I have gained beside them five talents more.

21 His lord said unto him, Well done, thou good and faithful servant: thou hast been faithful over a few things, I will make thee ruler over many things: enter thou into the joy of thy lord.


Matthew 25:20-21

Do not say ...

*This is just the way I am.*

Do not say ...

*This is just the way life turned out.*



God's grace, Spirit, and  
word can change your  
passion and direction.





Young men – Embrace it!

You have the opportunity  
for a whole life trajectory!



Old men – Embrace it!

We must apply ourselves  
zealously in a little time!



How?

By repenting, begging, and  
embracing God's grace,  
Spirit, and word.

Ending inertia requires careful,  
sober, critical analysis of your life  
and the forces holding you back.

A good husband will sit with his wife and help her do the same thing to arrive at mutual change.

Are you better than last year?

Is she better than last year?

Are your children better?



TB12 is already the G.O.A.T.

Why does he keep studying film?

He knows there are forces trying to keep him from being the best.



TB12 does it for a corruptible  
crown and the NFL Hall of Fame.

We do it for countless better  
reasons and eternity in heaven.

Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us,

Hebrews 12:1

23 Search me, O God, and know my heart: try me, and know my thoughts:

24 And see if there be any wicked way in me, and lead me in the way everlasting.


Psalm 139:23-24

Examine me, O LORD, and prove me; try my reins and my heart.

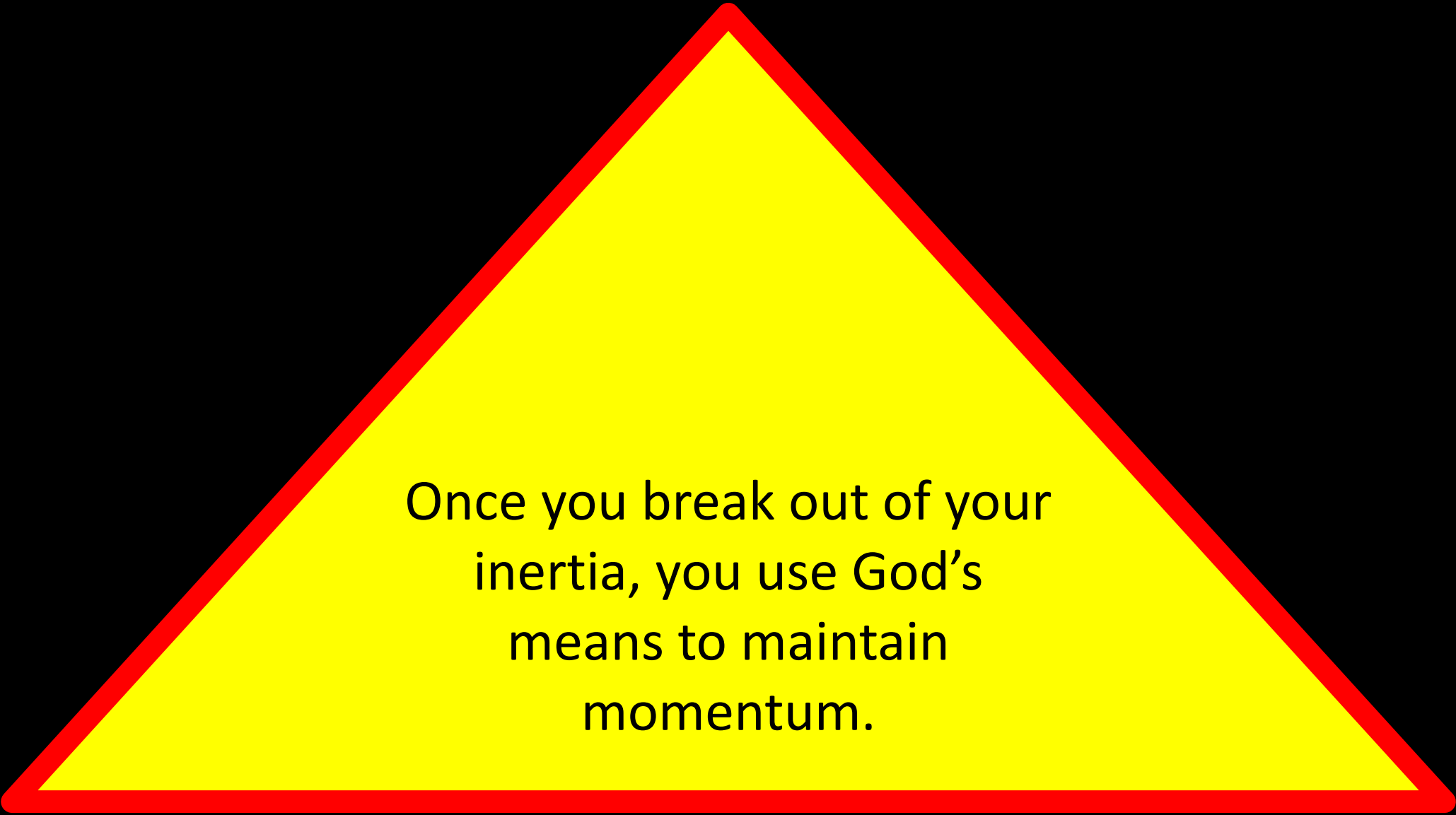
Psalm 26:2

Turn away mine eyes from beholding vanity; and quicken thou me in thy way.

Psalm 119:37



God is not demanding more  
from you but different – *an  
exchange for change* – to be  
your best for Him and you.



Once you break out of your  
inertia, you use God's  
means to maintain  
momentum.

# For Further Study

Running the Christian Race (slides) ... <http://www.letgodbetrue.com/pdf/running-your-race.pdf>.

Make Your Life Count (slides) ... <http://www.letgodbetrue.com/pdf/make-your-life-count.pdf>

Manage Your Life (slides) ... <http://www.letgodbetrue.com/pdf/managing-your-life.pdf>

A Mighty Man's Life (slides) ... <http://www.letgodbetrue.com/pdf/a-mighty-man.pdf>

Grow Up! (slides) ... <http://www.letgodbetrue.com/pdf/christian-maturity.pdf>.

Maturity Curve for Men (slides) ... <http://www.letgodbetrue.com/pdf/growing-up-maturity-curve.pdf>

Change (slides) ... <http://www.letgodbetrue.com/pdf/change.pdf>.

Lies Youth Believe (outline) ... <https://www.letgodbetrue.com/pdf/lies-teenagers-believe.pdf>.

Parable of Sower (outline) ... <http://www.letgodbetrue.com/pdf/parable-of-the-sower.pdf>.

Doers of Word (outline) ... <http://www.letgodbetrue.com/pdf/doers-of-the-word.pdf>.

Growing Up in Christ (outline) ... <http://www.letgodbetrue.com/pdf/growing-up-in-christ.pdf>.

Starting Over (outline) ... <http://www.letgodbetrue.com/pdf/starting-over.pdf>.

The 'R' Factor (slides) ... <http://www.letgodbetrue.com/pdf/repentance-factor.pdf>.

[www.LetGodBeTrue.com](http://www.LetGodBeTrue.com)