

## EXODUS 16; March 7; The Miracle of Manna & Quail

### ANALYSIS:

1. Although the Israelites murmured when they remembered the \_\_\_\_\_ and \_\_\_\_\_ they ate in Egypt, the LORD promised He would rain \_\_\_\_\_ from heaven for them.

2, What food did the LORD miraculously provide at even \_\_\_\_\_ and in the morning \_\_\_\_\_?

3. They were not to gather manna on the seventh day which the LORD called the holy \_\_\_\_\_ and a day of rest.

4. Describe manna from information in this chapter.

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5. How many years did the children of Israel eat manna? \_\_\_\_\_

### THINGS TO THINK ABOUT:

God's natural laws for mankind are fixed and certain, such as: water always seeks its own level by gravity, fire consumes whatever it burns, all men live and die, food is either grown or raised. But God is always free to alter His established laws for His glory and His children's blessing. Think about these: crossing the Red sea on dry ground, Moses at the burning bush which was not consumed, Enoch translated and not dying, quails and manna. All true miracles are impossible for us humans, but fall naturally within the realm of the LORD'S activity because He is unlimited in power, knowledge, skill and lovingkindness. Praise Him!

What are your needs today? "Is anything too hard for the LORD?" (Gen 18:14). "According to your faith be it unto you" ( Mt 9:29). "And the barrel of meal wasted not, neither did the cruse of oil fail, according to the word of the LORD, which he spake by Elijah" (1 Ki 17:16).

### HELP:

1. Flesh or flesh pots, bread; bread (vs 2-4).

2. Flesh and bread (v 8, 12), or quails and manna (vs 13-15).

3. Sabbath (v 23).

4. A small round thing, as small as hoar frost (v 14), like coriander seed, white, tasting like wafers made with honey (v 31).

5. 40 years (v 35).