

# Gracious & Odious Compared

## GRACIOUS Proverbs 11:16

Sweet  
Charming  
Comforting  
Patient  
Merciful  
Pleasant  
Comfortable  
Agreeable  
Obliging  
Protecting  
Enjoyable  
Cheerful  
Kind  
Smiles  
Courteous  
Compassionate  
Gentle  
Relaxed  
Soft  
Warm  
Flexible  
Affectionate  
Great Listener  
Very Thankful  
Considerate  
Grateful for correction with simple humility  
Listens with eyes, ears, mind, and body  
Calm and collected  
Remembers good details past and present about others  
Willing to do anything cheerfully  
Modest and self-debasing  
Forgives instantly and fully  
Genuinely interested in another  
Thoughtfully kind to never offend  
Accommodating  
Meek and reticent about praise  
“You look very nice this morning.”  
“That is a beautiful dress.”  
“Those candies were the nicest gift.”  
“My husband is a wonderful man.”  
“You did an excellent job with the children tonight.”  
“What can I do to help with your hunting trip tomorrow?”  
“May I go to the gun show with you today?”  
“We had a wonderful trip. Thank you for asking.”  
“The sermon was very good and convicting today.”  
Immediate and profuse thankfulness

## ODIOUS Proverbs 30:21-23

Sour  
Irritating  
Confrontational  
Impatient  
Critical  
Strained  
Stressful  
Opinionated  
Assuming  
Presuming  
Endurable  
Dour  
Perfunctory  
Sober  
Insensitive  
Businesslike  
Harsh  
Uptight  
Hard  
Cool  
Stubborn  
Efficient  
Great Talker  
Barely Thankful  
Inconsiderate  
Defensive against correction with excuses  
Thinking of what to say when she gets to talk  
Jesting, babbling, and talking to fill gaps  
Preoccupied with self and her present and future  
Grudgingly participates or rejects activity  
Confident and proud of self  
Unforgiving or grudgingly so  
Preoccupied with self  
Tends to be abrupt and inconsiderate  
Demanding, asking, expecting  
Expects and absorbs praise  
“Are you ill? You look somewhat sickly.”  
“There is a spot on your collar.”  
“My favorite kind has peanuts.”  
“He never notices or does anything nice for me.”  
“I wish you wouldn’t take so long with devotions.”  
“Why do you have to go hunting every Saturday?”  
“You just went to a gun show two months ago.”  
“I threw up on the plane, and the hotel was dirty.”  
“Aren’t we ever going to get out of Luke?”  
Disconnected and minimal thankfulness

Often sends a Thank you card later  
Believes she is not gracious  
Never presumes or asks for favors  
Never gets angry or ruffled or stiff or offended  
Never speaks sarcastically or cutting  
Willingly participates in group events  
Very attentive and giving to inferiors  
Her delightfully charming presence shines  
Easily overlooks and ignores others' faults  
Wouldn't cause a scene for any amount of money  
Smiles, laughs, comforts a waitress who spills her wine  
Cheerfully greets husband two hours late from work  
Never demands or expects an apology for faults or failures  
Willing to eat French fries when she ordered rice pilaf  
Cheerfully changes when husband dislikes her favorite outfit  
Enjoys taking the extra 10 minutes to talk to the elderly  
Forgives in an instant and says apology was not necessary  
Never interrupts conversations to correct or add facts  
Never says or repeats things about others who are absent  
Always has time for anyone and everyone  
Others say, "She is such a beautiful and wonderful woman."  
Others say, "It is so pleasant and fun going out with her."  
Men say, "Women like her are one in a million."  
Always turns conversations to talk about the other person  
I forgive you; forget about it; I've already forgotten about it.

Seldom thinks of a card for smaller things  
Believes she is gracious  
Easily presumes and asks and expects  
Easily gets angry, ruffled, stiff, and offended  
Easily gets sarcastic or cutting  
Shows dislike of choice or withdraws from group  
Condescending, formal and haughty to inferiors  
Her harsh, edgy, hard, critical presence darkens  
Verbally criticizes or bodily condemns for faults  
Easily makes a scene for "principle" and no money  
Frowns, criticizes, complains, and ruins evening  
Does not greet him, complains, and punishes him  
Expects, requests, demands an apology or punishes  
Demands her rice and slams waitress for evening  
Makes excuses, complains, and wears it anyway  
Cuts conversation short and complains anyway  
Punishes, forgives slowly, criticizes, and reminds  
Interrupts husband or others for trivial corrections  
Easily whispers and slights others not present  
Too busy and pressed to be attentive or helpful  
Others say, "That's Brenda. Try to overlook it."  
Others say, "I'd rather not go, if she's coming."  
Men say, "Can you imagine living with that?"  
Turns or allows conversations to center on herself  
Do you know how much you hurt me?

# Examine Yourself – Are You Gracious or Odious?

DIRECTIONS: Put a **G** for graciousness or an **O** for odiousness beside each statement.

- \_\_\_ 1. Tends to talk long and loud.
- \_\_\_ 2. Cheerfully changes, if her husband dislikes her outfit or meal plans.
- \_\_\_ 3. Has few friends that really crave her presence.
- \_\_\_ 4. Thinks they are gracious.
- \_\_\_ 5. Says, "I am sorry," quickly and easily.
- \_\_\_ 6. Father is sure the kids can handle his calling them names.
- \_\_\_ 7. Verbally thankful with sincere repetitions.
- \_\_\_ 8. Others say, "That's Brenda. Try to overlook it."
- \_\_\_ 9. Interrupts husband or others for trivial corrections.
- \_\_\_ 10. Willing to eat French-fries when she ordered rice pilaf.
- \_\_\_ 11. When offered candy, she says, "My favorite kind has caramel."
- \_\_\_ 12. Never gets angry, ruffled, stiff, or offended.
- \_\_\_ 13. Thinks that wife and children accept his harshness.
- \_\_\_ 14. Asks nosy questions with the intent of "helping."
- \_\_\_ 15. Sends thank you cards and notes like breathing.
- \_\_\_ 16. Has a suggestion or three when visiting married children.
- \_\_\_ 17. Takes a quiz like this and does not change a thing.
- \_\_\_ 18. Chooses a restaurant but tells the kitchen how to cook.
- \_\_\_ 19. Easily overlooks and ignores others' faults.
- \_\_\_ 20. Has an opinion when it was not asked for.
- \_\_\_ 21. Speaks roughly to his children to show control.
- \_\_\_ 22. She thinks she is her husband's second conscience or mother.
- \_\_\_ 23. Apologetic and thankful when corrected
- \_\_\_ 24. Rules moods or pain so that no one ever sees either.
- \_\_\_ 25. Critical and complains.
- \_\_\_ 26. Defensive about correction.
- \_\_\_ 27. Never asks embarrassing or forward questions.
- \_\_\_ 28. Never says or repeats things about others who are absent.
- \_\_\_ 29. Intense and cannot relax and chill out without doing something.
- \_\_\_ 30. Stares instead of helping carry conversation.
- \_\_\_ 31. Patient listener that agrees and smiles.
- \_\_\_ 32. Opinionated.
- \_\_\_ 33. Forgives others instantly and fully.
- \_\_\_ 34. When meeting a person, "There's a spot on your collar."
- \_\_\_ 35. Efficient, business-like, and formal about everything.
- \_\_\_ 36. Shows dislike of group decision or activity.
- \_\_\_ 37. Always wants to "help" by sticking nose in.
- \_\_\_ 38. Smiles, laughs, and comforts waitress who spills her drink.
- \_\_\_ 39. Never demands or expects an apology.
- \_\_\_ 40. Wife says, "You just went to a gun show two months ago."
- \_\_\_ 41. Thorough with frequent compliments and praise.
- \_\_\_ 42. Has no problem interrupting conversations for "emergencies."
- \_\_\_ 43. Very attentive, affectionate, and giving to inferiors.
- \_\_\_ 44. Believes that "principle" should be taught at restaurants.
  
- \_\_\_ **\*\* I think I am ...**
- \_\_\_ **\*\* Most others, not counting my mother or family, think I am ...**
- \_\_\_ **\*\* In light of the above two questions, I am ...**